



GLUTEN FREE MENU 2021

Starters

Soup of the Day with Crusty Bread (gfa) £5.50

Garlic Mushrooms on Crusty Bread (gfa) £6.95

Mains

Lamlash Bay Signature Dish; Pan Fried Seabass, King Prawns, Garlic Crushed Potatoes with a Creamy Leek Sauce (gf) £17.95

Roast Cod in Pancetta with Tomato, Chorizo and Bean Stew served with Mash (Gf)

Medium Spiced, Indian Style Chicken Curry served with Rice (gf, dfa, vga) £13.95

Blade of Beef with Horseradish Mash, Red Wine & Onion Sauce (gf, dfa) £17.95

Mediterranean Vegetables in a Tomato & Basil Sauce, served with rice (gf, v, vg) £14.95

Classic Cheeseburger; 6oz Patty, Arran Smoked Cheese, Salad (gfa,dfa) £13.85

The Mighty Lamlash Burger: 6oz Patty, Pulled Pork, Sauteed Onions, Bacon, Arran Smoked Cheese, Salad (gfa, dfa) £15.95

Cajun Chicken Burger; Cajun Chicken Breast, Pulled Chicken, Bacon, BBQ Sauce (gfa, dfa) £14.25 Add Arran Smoked Cheese £1.50

Sides

Hand Cut Chips (v,vg,gf,df) £3.85

House Salad (v,gf,vga) £4.75

Desserts

Arran Ice cream

Traditional £1.80 per scoop

Chocolate £1.80 per scoop

Arran Gold £2.25 per scoop